



**REGISTRATION FORM**

**Registration Time: 6:45 am - 7:45 am      Race Time: 8:00 am      Tot Trot: 9 am**

**Registration: 5K Pre \$30/Event \$35   1M Run: Pre \$25 / Event \$25**

**Team Registration (6 or more) - Save \$5 per person.**

Date: \_\_\_\_\_ Name: \_\_\_\_\_ Age: \_\_\_\_\_

Gender\*: Male Female (\*Must be noted to receive race time)

Desired T-Shirt Size: YM \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST SPONSORS, COORDINATING GROUPS, AND ANY INDIVIDUALS ASSOCIATED WITH THE EVENT, THEIR REPRESENTATIVES, SUCCESSORS AND ASSIGNS, AND WILL HOLD THEM HARMLESS FOR ANY AND ALL INJURIES SUFFERED IN CONNECTION WITH THIS EVENT. I ATTEST I AM PHYSICALLY FIT TO COMPETE IN THIS EVENT. FURTHER, I HEREBY GRANT PERMISSION ANY AND ALL OF THE FOREGOING TO USE MY LIKENESS IN ALL MEDIA INCLUDING PHOTOGRAPHS, PICTURES, RECORDINGS, OR ANY OTHER RECORD FOR THIS EVENT FOR ANY LEGITIMATE PURPOSE.

Signed: \_\_\_\_\_

Guardian (if under 18) \_\_\_\_\_

**Checks Payable To:**  
Get Set Grow  
**Checks Mailed To:**  
PO Box 60, Locust Grove GA 30248  
**Event Location:**  
Historic Downtown Locust Grove  
10 Cleveland Street  
Locust Grove, GA 30248



**Online Registration**